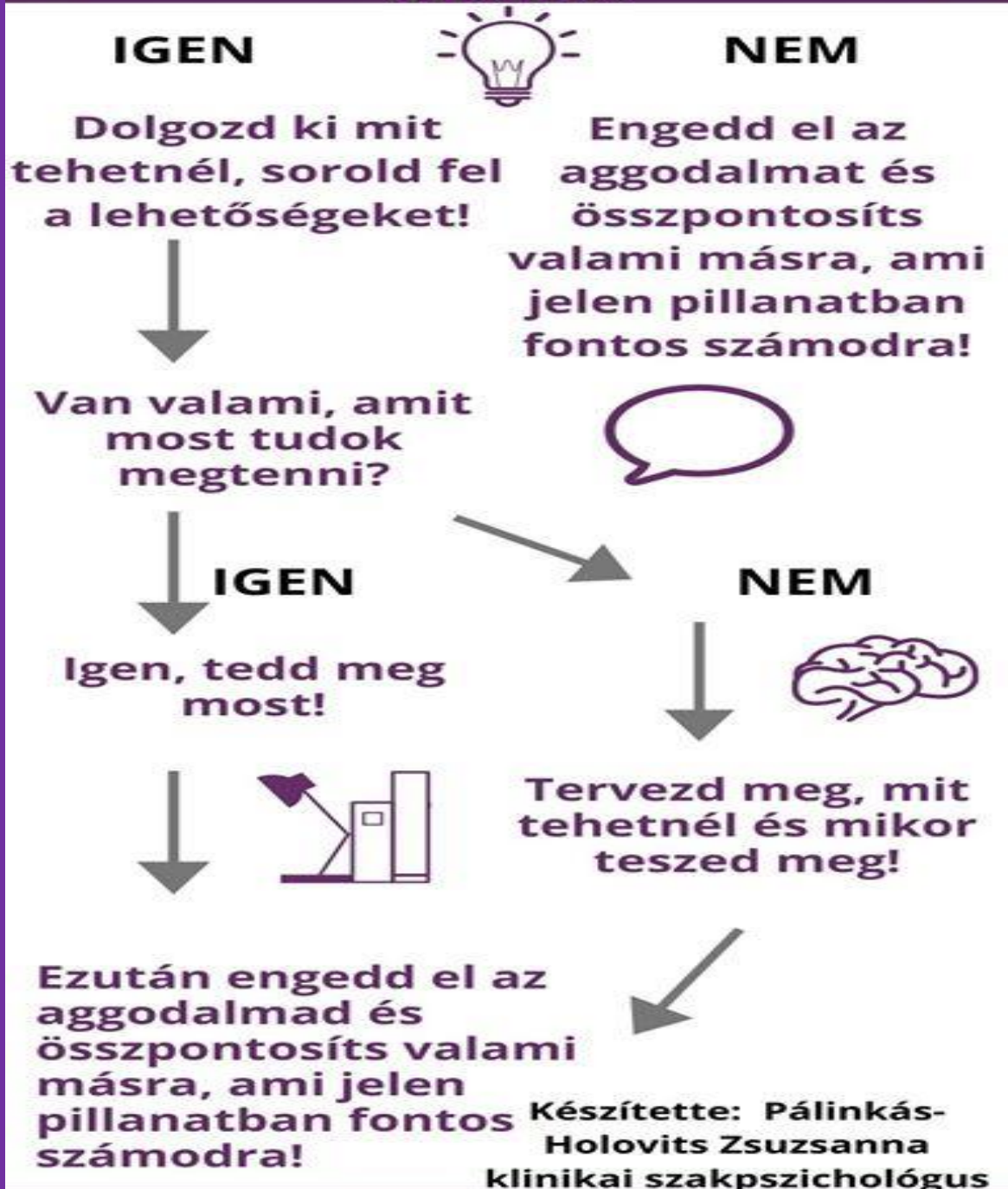


MI MIATT AGGÓDÓM?

Ez egy olyan probléma, amivel kapcsolatban tudok tenni valamit?



Forrás: https://www.psychologytools.com/assets/covid-19/guide_to_living_with_worry_and_anxiety_amidst_global_uncertainty_hu.pdf

Forrás: <https://www.facebook.com/photo.php?fbid=294685508011389&set=pa.254375142811776&type=3&theater>